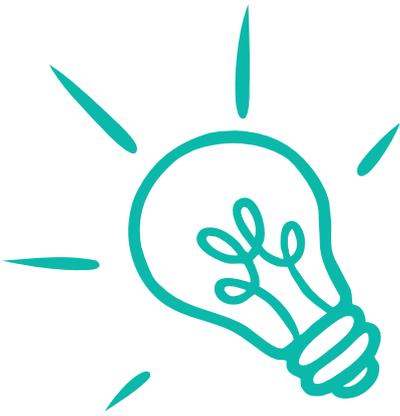


Year 1 High Frequency Words: A Step-by-Step Guide for Parents

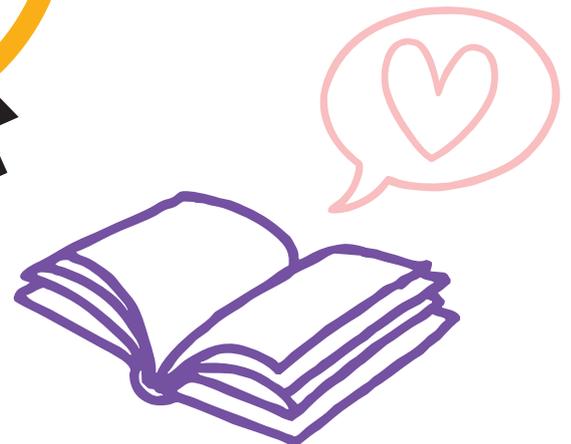
This step-by-step explanation to high frequency words can help you support your child's learning at home. The subject is broken down into manageable chunks, providing you with a simple guide to follow when exploring high frequency words together, either as part of homework or if you decide to give your child some extra support. Whether your child is only just beginning to explore what high frequency words are, or they are comfortable recognising and spelling them and are ready to broaden their vocabulary further, you will find a step that matches where your child is at as well as some ideas for where to go next.

Within this area of the website, you will find a selection of resources intended to help your child learn about each step of this guide. Each step also contains a keyword or phrase that you can use to search the Twinkl site for more resources and activities designed to support your child in achieving that stage. Simply type the keyword or phrase into the search bar and press enter to explore together.

recognising and reading high frequency words



Click here



We hope you find the information on our website and resources useful. The contents of this resource are for general, informational purposes only. This guide is intended to offer parents general guidance on what subject areas tend to be covered in their child's year group and where they could support their children at home. However, please be aware that every child is different and information can quickly become out of date. There are some subject areas that we have intentionally not covered due to the nature of how they are taught or because a trained professional needs to teach these areas. We try to ensure that the information in our resources is correct but every school teaches the national curriculum in its own way. If you would like further guidance or are unsure in any way, we recommend that you speak to your child's teacher or another suitably qualified professional.

High Frequency Words

What Are High Frequency Words?

As your child starts to read and spell, they will be introduced to high frequency words. These are words that are used very often in written English, for example 'the', 'and', 'to' and 'said' are all high frequency words. As these are the words that your child will come across most often when reading, it is important that your child starts to recognise and read them.

In addition, your child will use these words frequently in their own writing - so your child also needs to be able to spell them accurately.

High frequency words tend to be decodable words (children will be able to use their phonics knowledge and skills to 'sound a word out' and blend it together). However, common exception words (words that don't fit specific spelling rules) can also be high frequency words.

By the end of year 1, your child should have learnt to recognise, read and spell most of the common and trickier words contained in the **100 High Frequency Words List**.

As well as using the resources in this category and the suggested keyword searches to help your child with high frequency words, a few ideas for games and activities to help your child learn how to recognise, read and spell them are outlined below.

Read, Read, Read!

Sharing books together is the most powerful way for children to learn about language, spelling, grammar and punctuation. Can you spot high frequency words as you're reading together? When you're out and about, can you spot high frequency words on posters and advertisements?

Sentence Scramble

Write a sentence featuring a high frequency word but jumble up the words, for example: Mat. the cat on is The (you can use the list of 100 high frequency words to help you). Ask your child to unscramble the sentence and write it down then draw a picture of the action in the sentence. Discuss the high frequency word, in this case 'the'.

Dictation

Read a sentence containing a high frequency word to your child. Ask them to write the sentence down as you say the words. Discuss the high frequency word and strategies for remembering how to spell it, for example using mnemonics (saw: swim a width, the: two heavy elephants, because: big elephants can always understand small elephants).

Colouring Game

Help your child recognise high frequency words by playing a game. Give your child a selection of high frequency words written in bubble writing on a piece of paper. Then give them instructions, such as 'colour in the word 'and' or give two instructions such as 'colour in the word 'but' in red and 'so' in purple'.



Step 1

Recognising and Reading High Frequency Words

In year 1, your child will continue to build up their knowledge of the high frequency words they have learnt in reception (usually they will have learnt around 45 key words). They will use their decoding skills to sound out and recognise the common and trickier words they meet in their everyday reading. This activity book includes look, cover and write sections as well as fill in the missing word activities. Children are also encouraged to write their own sentences using the words they have learnt.



Spelling High Frequency Words

In year 1, children will continue to learn high frequency words during phonics lessons and may also be given lists of high frequency words to learn as part of their homework. While some high frequency words follow spelling rules, others do not (these are known as common exception words). Spelling strategies to learn these tricky words include writing out the words using different colours for each letter, using the words in silly sentences, writing the spelling words repeatedly to form a shape as well as thinking about how the words look and sound. Flashcards can be useful tools when learning high frequency words – why not use them to try some spelling aerobics with your child? Show your child one of the cards and ask them to say each letter while reaching up for ascenders, touching the floor for descenders, jumping for dotted letters and twisting for vowels.

Step 2



Step 3

Writing High Frequency Words

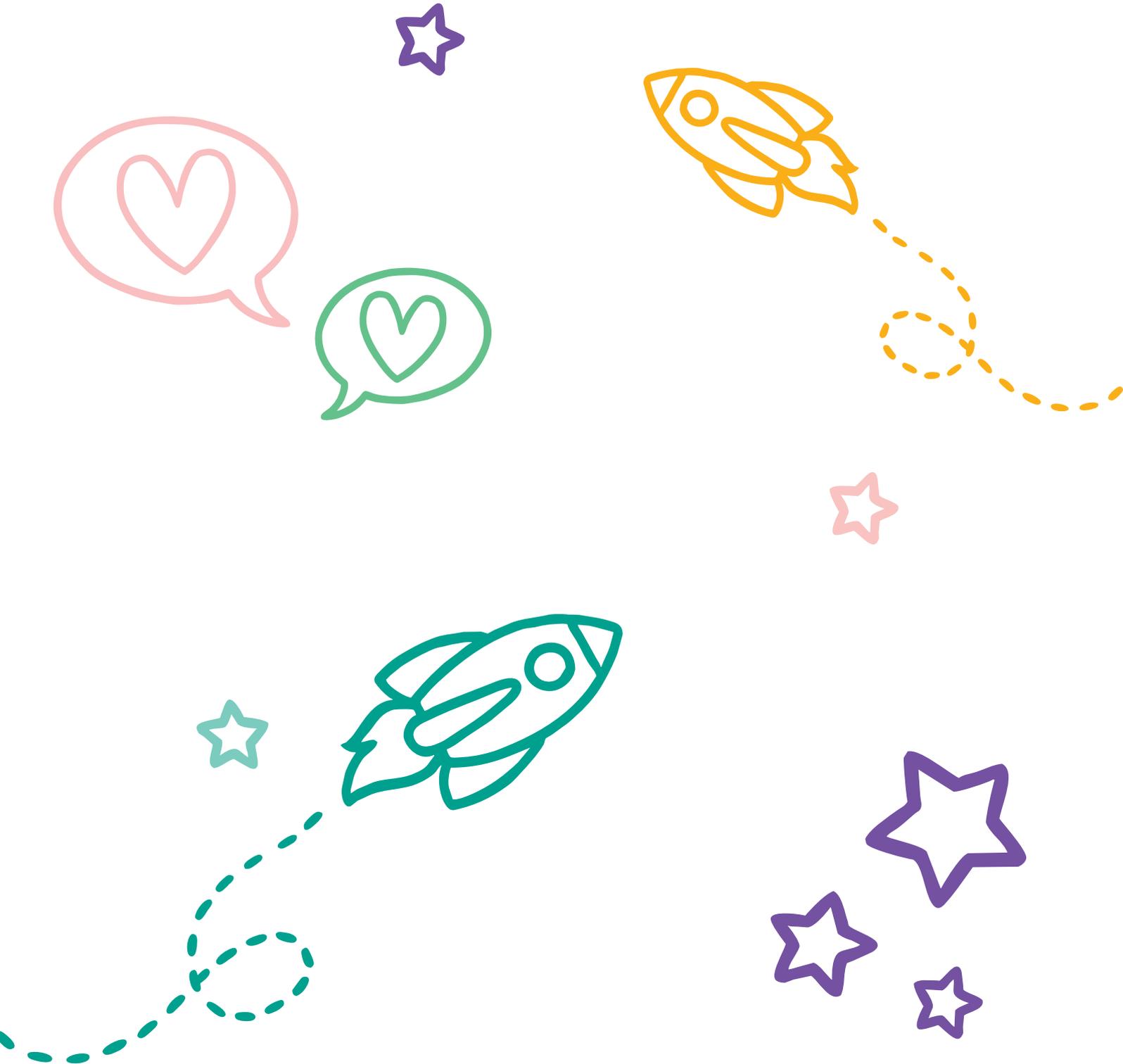
Your child will now be able to recognise, read, write and spell a wider variety of high frequency words and will be using them accurately in their writing. They will experiment with using different examples within simple sentences and may be writing them out as part of handwriting practice. You can use bumper activity pack with your child to secure their knowledge of common exception words when writing.



Step 4

Further High Frequency Words

If your child is confident in their abilities to read and spell the first 100 high frequency words, why not try learning the next 100? This Next 200 High Frequency Words Activity Book is full of spelling activities and missing word sentences to help your child secure their knowledge of high frequency words, allowing them to broaden their vocabulary even further.



Explore and Discover More

Twinkl Go! is a digital platform, hosting interactive content such as videos, games, audiobooks and more. Twinkl Go! enables digital content to be streamed to your computer or mobile device.



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Book Club

Twinkl Book Club is our book subscription service. Enjoy our original works of fiction in beautiful printed form, delivered to you each half-term and yours to keep!



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Boost

Twinkl Boost is a range of intervention resources, created to support and lift learning with children at every level. These include our easy-to-use SATs and Phonics Screening resources.



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imagine

Imagine resources are designed to help your children to think creatively, question and imagine. Every week, a new topic consisting of five photos, each with related activities, is created.



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ORIGINALS

Twinkl Originals are engaging stories written to inspire children from EYFS to KS2. Designed to encourage a love of reading and help curriculum-wide learning through accompanying resources.



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KIDS' TV

Twinkl Kids' TV is our wonderful YouTube channel dedicated to fun and informative video-style resources full of new and creative activities you can try at home!