

One More, One Less: A Step-by-Step Guide for Parents

This step-by-step explanation to one more, one less can help you support your child's learning at home. The subject is broken down into manageable chunks, providing you with a simple guide to follow when exploring the concept of one more, one less together, either as part of homework or if you decide to give your child some extra support. Whether your child is only just beginning to count forwards and backwards or they are gaining confidence and want further challenges, you will find a step that matches where your child is at then have ideas for where to go next.

Within **this area of the website**, you will find a selection of resources intended to help your child learn about each step of this guide. Each step also contains a keyword or phrase that you can use to search the Twinkl site for more resources and activities designed to support your child in achieving that stage. Simply type the keyword or phrase into the search bar and press enter to explore together.



We hope you find the information on our website and resources useful. The contents of this resource are for general, informational purposes only. This guide is intended to offer parents general guidance on what subject areas tend to be covered in their child's year group and where they could support their children at home. However, please be aware that every child is different and information can quickly become out of date. There are some subject areas that we have intentionally not covered due to the nature of how they are taught or because a trained professional needs to teach these areas. We try to ensure that the information in our resources is correct but every school teaches the national curriculum in its own way. If you would like further guidance or are unsure in any way, we recommend that you speak to your child's teacher or another suitably qualified professional.

One More, One Less

What Do We Mean by the Phrase 'One More, One Less'?

As your child begins to gain confidence with numbers and counting forwards and backwards, they will be introduced to the language of 'one more' and 'one less'. Very simply, this is when your child may be given a number and asked to add one more to it or take one away from it. Your child may use a number line or physical objects to help them to do this initially.

They will learn that 'one less' is the opposite of 'one more' and that it means the number that comes before the starting number they were originally given.

Practising activities involving counting 'one more' and 'one less' helps reinforce the idea of 'greater than' and 'less than' and is a starting point for addition and subtraction with larger numbers.

As well as using the resources in this category and the keyword searches to help your child learn about one more and one less, below are a few ideas for games and activities to help your child practise and become more familiar with this concept.

Hundred Square Game

Download Twinkl's free Hundred Square resource. Use a counter (or anything that doubles up as a counter, such as a button) to place on a number on the hundred square. Ask your child to tell you what is one more and one less than the designated number.

Number Cards Game

Use our free number cards to play the following game. Shuffle the cards and place them face down on the table in front of you. Ask your child to pick two numbers to form a two-digit number. Now, ask them to tell you what is one more and one less than the number they have made.

Roll the Dice Game

Roll a dice and ask your child to write down the number they get on a sticky note. On two separate notes, write down the number one less and the number one more and place them in front of and after the original number in order. For an extra challenge, repeat this activity with two dice to make a two-digit number.

Investigation Challenge

What pattern is created when you keep finding two less than a number? Start at 20 and explore the pattern. Can you make a rule about what you notice?

Step 1

Count Forwards and Backwards from a Given Number

At this stage, your child will be continuing to gain confidence in number and may be able to recognise, read and write numbers up to 20 and beyond. Your child may also be able to count forwards and backwards without the aid of a number line. Try the resources on our **Twinkl Parents' Hub** – for example, this **missing number activity sheet** - to help your child gain fluency with counting.



Count One More

Use building blocks to build a tower as a visual way of demonstrating the concept of counting and adding one more. Keep a running total of the bricks you have used and challenge your child to predict what one more of that number would be before physically demonstrating the new number by adding another block.

Step 2

Step 3

Count One Less

Explore the concept of 'one less' together with our **interactive PowerPoint**, **space-themed activity sheet** and **Popping Bubbles One Less Than Cards** – all designed to make learning fun, engaging and memorable.



Count One More, One Less

Challenge your child to combine their counting skills to try our one more, one less counting activities and games. Our **activity booklet** contains a loop card game, a sweet counting worksheet and some number line activities to help your child practise these key counting skills. Search our mastery activities for further challenge.

Step 4



Explore and Discover More

Twinkl Go! is a digital platform, hosting interactive content such as videos, games, audiobooks and more. Twinkl Go! enables digital content to be streamed to your computer or mobile device.



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Go!



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Book Club

Twinkl Book Club is our book subscription service. Enjoy our original works of fiction in beautiful printed form, delivered to you each half-term and yours to keep!



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Boost

Twinkl Boost is a range of intervention resources, created to support and lift learning with children at every level. These include our easy-to-use SATs and Phonics Screening resources.



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imagine

Imagine resources are designed to help your children to think creatively, question and imagine. Every week, a new topic consisting of five photos, each with related activities, is created.



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ORIGINALS

Twinkl Originals are engaging stories written to inspire children from EYFS to KS2. Designed to encourage a love of reading and help curriculum-wide learning through accompanying resources.



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KIDS' TV

Twinkl Kids' TV is our wonderful YouTube channel dedicated to fun and informative video-style resources full of new and creative activities you can try at home!