BLACKDOWN EDUCATION PARTNERSHIP
BELIEF IN EVERY CHILD

Menu

Date: Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Chicken tikka, **(MILK)**50/50 white and brown veg rice	Pork sausage and wedges and beans	Beef lasagne (**GLUTEN, MILK**) with mixed veg	Roast gammon new potatoes, gravy, veg	Chicken goujons **(GLUTEN)** chip & peas
2	Sweet potato and red lentil tikka , **(MILK)** 50/50 white and brown veg rice	Vegan sausage **(GLUTEN)** wedges and beans	Roasted veg and lentil lasagne(**GLUTEN, MILK**) with mixed veg	Roast Quorn **(GLUTEN)** new potatoes, gravy, veg	Cheese omelette **(MILK, EGG)** chips and peas
3	Jacket with cheese **(MILK)**	Jacket with beans	Ham and cheese Baguette **(MILK,GLUTEN)** veg sticks	Tuna mayo pasta salad **(EGG, FISH, GLUTEN)**	Coronation chicken **(GLUTEN, EGG)** baguette and chips
A	Frozen toffee yoghurt **(MILK)**	Fruit crumble (**GLUTEN**) and custard (**MILK**)	Oat and raisin cookie **(GLUTEN, EGG, MILK, SOYA)**	Fresh fruit salad	Lemon drizzle cake **(GLUTEN, EGG, MILK, SOYA)**
B	Piece of fruit	Piece of fruit	Piece of fruit	Piece of fruit	Piece of fruit
C	Yoghurt **(MILK)**	Yoghurt **(MILK)**	Yoghurt **(MILK)**	Yoghurt **(MILK)**	Yoghurt **(MILK)**