BLACKDOWN EDUCATION PARTNERSHIP
BELIEF IN EVERY CHILD

Date: Week 1

Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
Pork Meatball pasta **(GLUTEN)** With Vegetables	1	Chicken pie (**Gluten**) with mash and vegetables	1	Mild beef chilli with tortilla chips and 50/50 vegetable rice	1	Roast pork Roast potatoes, gravy, veg	1	Batter Fish **(GLUTEN, FISH)** chip & beans	1
Vegan Meatball **(GLUTEN)** With Vegetables	2	Quorn pie (**Gluten**) with mash and vegetables	2	5 bean chilli with tortilla chips and 50/50 vegetable rice	2	Roast Quorn **(GLUTEN)** potatoes, gravy, veg	2	Veggie nuggets **(GLUTEN)** chips and beans	2
Jacket with beans	3	Jacket with cheese **(MILK)**	3	Jacket with tuna mayo **(EGG, FISH)**	3	Chicken Baguette **(GLUTEN, EGG, MUSARD)** with veg sticks	3	Egg mayo salad roll and chips **(GLUTEN, EGG, MUSARD)**	3
Arctic roll **(GLUTEN, EGG, MILK, SOYA)**	A	Fresh fruit salad	A	Blueberry muffin **(GLUTEN, EGG, MILK, SOYA)**	A	shortbread **(GLUTEN)**	A	Rice krispy cake **(GLUTEN)**	A
Piece of fruit	B	Piece of fruit	B	Piece of fruit	B	Piece of fruit	B	Piece of fruit	B
Yoghurt **(MILK)**	C	Yoghurt **(MILK)**	C	Yoghurt **(MILK)**	C	Yoghurt **(MILK)**	C	Yoghurt **(MILK)**	C

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