

Rockwell Green PE Overview

	Autumn 1 Core Real PE – 1 Personal	Autumn 2 Core Real PE – Social	Spring 1 Core Real PE – Cognitive	Spring 2 Core Real PE – Creative	Summer 1 Core Real PE – Physical	Summer 2 Core Real PE – Health & Fitness
Reception	Core Real PE – 1 Personal	Core Real PE – Social	Core Real PE – Cognitive	Core Real PE – Creative	Core Real PE – Physical	Core Real PE – Health & Fitness
	Movement and Dance – Autumn theme	Real Gym	Real Gym	Real Dance	Athletics skills	Ball skills
Year 1	Core Real PE – Personal	Core Real PE – Social	Core Real PE – Cognitive	Core Real PE – Creative	Core Real PE – Physical	Core Real PE – Health & Fitness
	Multi-Skills	Multi-Skills	Real Gym	Real Dance	Athletics	Strike /field Skills
Year 2	Core Real PE – Personal	Core Real PE – Social	Core Real PE – Cognitive	Core Real PE – Creative	Core Real PE – Physical	Core Real PE – Health & Fitness
	Multi-Skills	Real Gym / Multi-Skills	Real Gym	Real Dance	Athletics	Strike /field Cricket
Year 3	Core Real PE – Personal	Core Real PE – Social	Core Real PE – Cognitive	Core Real PE – Creative	Core Real PE – Physical	Core Real PE – Health & Fitness
	Multi-Skills	Team / Invasion Games	Bench ball	Real Dance	Athletics	Strike /field Cricket
Year 4	Core Real PE – Personal	Core Real PE – Social	Real Gym	Core Real PE – Creative	Core Real PE – Physical	Core Real PE – Health & Fitness
	Swimming	Swimming	Real Gym	Basketball	Tennis	Strike /field Cricket
Year 5	Core Real PE – Personal	Core Real PE – Social	Core Real PE – Cognitive	Real Dance	Core Real PE – Physical / Athletics	Core Real PE – Health & Fitness
	Invasion Games- Netball	Real Gym	Swimming	Swimming	Swimming	Strike /field Cricket/ Football
Year 6	Core Real PE – Personal	Core Real PE – Social	Core Real PE – Cognitive	Real Dance	Core Real PE – Physical	Core Real PE – Health & Fitness
	Football	Invasion Games- Netball	Real Gym	Play leading/ multi- skills	Athletics	Swimming