

Date: _____

Monday

Tuesday

Wednesday

Thursday

Friday

Sweet and sour chicken
50/50 white and brown veg rice

1

Pork sausage (G, SD)
mash, and beans

1

chicken and tomato pasta (G) with mixed vegetables

1

Roast Pork
Roast potatoes, gravy, veg

1

Fish fingers (G, F) chips & peas

1

Sweet and sour Quorn (G) 50/50 white and brown veg rice

2

Quorn sausage (G, E,M) mash and beans

2

Tomato and mascarpone pasta (G, M) vegetables

2

Roast Quorn (G) potatoes, gravy, veg

2

Veggie fingers (G) chips and pea

2

Jacket with beans

3

Jacket with cheese (M)

3

Jacket with tuna mayo (F, E)

3

Chicken mayo Baguette (G, E) with veg sticks

3

Cheese panini (G, M) and chips

3

Ice-cream (M) and wafer (G, E, M)

A

Chocolate and beetroot brownie (G,E,M,S)

A

Fresh fruit salad

A

Vanilla sprinkle sponge (G,M,S, E)

A

Cornflake cake (G)

A

Piece of fruit

B

Yoghurt (M)

C

Menu