



Activity sheet

Harold's Seven Rs!

Can you find environmentally-friendly solutions for these five scenarios?



Scenario 1

Harold has a bath every day. He fills the bath right up to the brim, adds a splash of his favourite bubble-bath and lies there for hours! He especially likes a bath on a Sunday after he's played rugby and got really muddy! He knows he doesn't need to have a bath every day, but he just loves bath time!

Scenario 2

At school, Harold notices that the one of the cleaners, Mr Spruce, throws all the scrap paper from the classrooms into the general rubbish bin. Harold thinks that there's a special bin outside by the school kitchen for paper and cardboard.

Scenario 3

Harold is at the supermarket with his dad. Harold's dad sees an offer for his favourite cheese (did you know giraffes love cheese?). It's a 'Buy One Get One Free' offer. "Brilliant!" says his dad and puts two of the big blocks of cheese in the trolley. Harold smiles, but then suddenly remembers that he saw a lump of mouldy cheese in the fridge this morning when he was getting some milk for his cornflakes.

Scenario 4

Harold's watching his favourite film when the DVD player breaks! His mum says they should just buy a new one, but Harold knows that one of his older cousins is really good at fixing electronic things.

Scenario 5

Harold is helping his dad to make lunch. They are peeling and chopping vegetables, then putting all the peelings into the bin. Just then, Harold's mum arrives home from the supermarket. She has bought a big bag of compost. "I think we should grow our own vegetables this year," she announces. "So I've bought this to add to the vegetable patch in the garden."