



UW - Tuesday 20th April 2021

People who help us -

UW - Enjoys joining in with family customs and routines (PC)

UW - Shows interest in people's lives (PC) - People who help us - Doctors and Nurses

UW - Looks closely at similarities, differences and change (**W**) - Looking at the Summer Season

PD - Practices some appropriate safety measures without direct supervision (**HSC**)

In the story of Zog, Princess Pearl looks after all the dragons and becomes a doctor. We know that Dragon's breathe fire and if you touch fire you get burned. Do you know how else you can burn your skin? The sun can burn our skin if we do not protect it.

We are coming into our summer season - when the weather will hopefully get hot with the sun. We need to protect ourselves from the sun. Watch Doctor Ranj and Nurse Morag on "Get Well Soon - Fun in the Sun" explain how we can take care of ourselves so that we don't get burnt. Doctors and Nurses help us when we get poorly so they will give us some great ideas on how to look after ourselves.

<https://www.bbc.co.uk/iplayer/episode/b01ncdj9/get-well-soon-9-fun-in-the-sun>

Activities

Now we don't need to be a doctor or a nurse to help take care of ourselves in the sun. Make a mind map of what we need to do to keep ourselves safe in the sun.

If you are at home, can you find any items which help protect you from the sun? In school complete the suitcase activity during learning choice time. (This is also on the class webpage.)

Challenge:

Make a sun safety poster - you can either use the one on the webpage to help or create your own - draw pictures of the items we can use to protect ourselves in the sun and label them Title your poster Sun Safety