

All About Mother's Day



What is Mother's Day

Mother's Day, or Mothering Sunday, is a time when children pay respect to their mothers.

Children often give their mothers a gift and a card.

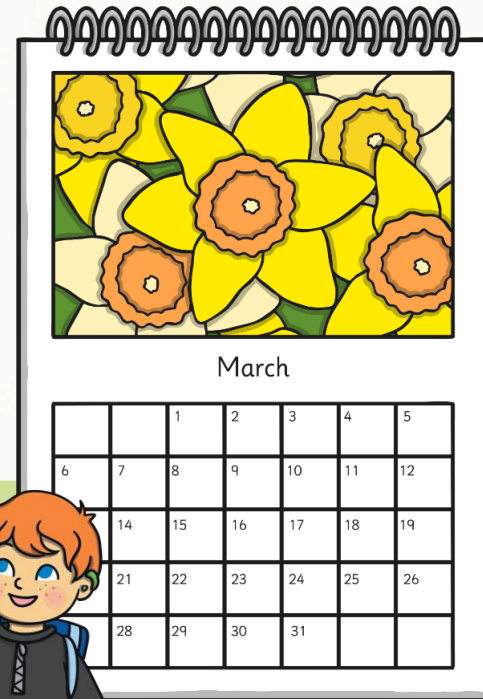


When is Mother's Day

Mother's Day is always on a Sunday.

It is also known as Mothering Sunday.

In Britain, it normally takes place in March, or early April. This Year it is on Sunday 14th March.



The History of Mother's Day

No one really knows how celebrating Mothering Sunday began, but about four hundred years ago on this day, people would visit their nearest big church (the Mother Church).

People would say they had 'gone a mothering'.



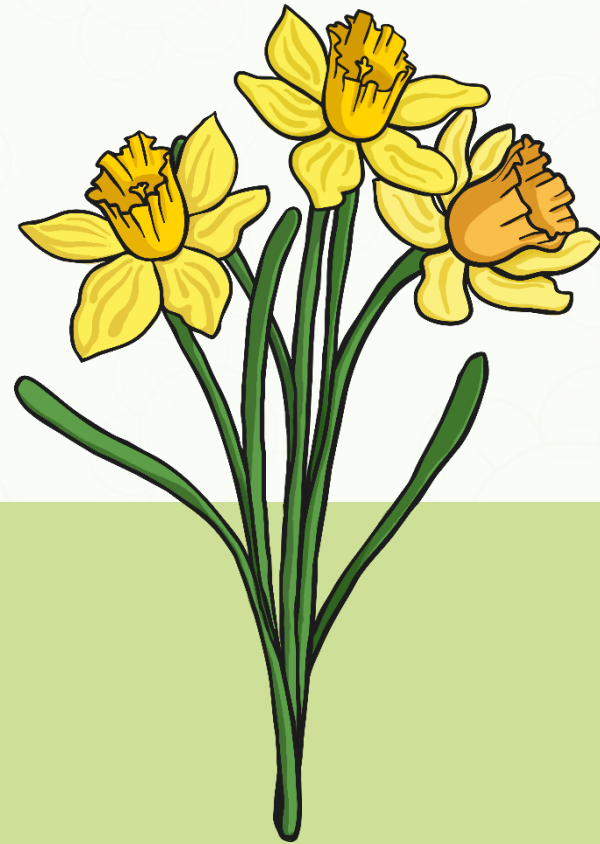
The History of Mother's Day

Young British girls and boys who were maids and servants, would be allowed to go and visit their family on this day.



Mother's Day and the Church

On Mother's Day, many churches give the children a little bunch of spring flowers to give to their mothers as a thank you.



Traditional Mother's Day Gifts

Flowers picked from a meadow. Apparently, when the workers were given time off to go and see their mothers, they would pick flowers on their way home to give to their mothers



Sometimes a gift of eggs, or flowers picked from the garden. For the reasons already mentioned!

A home-baked cake. The Fasting rules of Lent are relaxed. Children who were working away as servants were allowed the day off the housekeeper/cook gave maids egg to take home to make a cake with.



Mother's Day around the World

Mother's Day is celebrated in many different countries around the world.

Everyone should have the chance to say 'thank you' to their mothers.



Saying 'Thank You'

We can thank our mothers for all they do in lots of different ways:

- Making them a card.
- Giving them a cuddle.
- Helping to clean and tidy the home.
- Not just buying them a present!

What would you do?





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