



Take It Outside: Autumn

Social: Nut, Nut Squirrel!



You will need:

- An open space
- Some friends!

Little Steps

- Find a space outside and sit in a large circle. Make sure you have a little space around you.
- Your adult will choose one person to be an 'acorn'.
- The acorn walks around the outside of the circle, gently tapping each person sitting, on the head. The acorn says 'nut' each time.
- Everyone should listen carefully for the moment when the acorn calls 'squirrel' instead. The squirrel must stand up and chase the acorn around the circle.
- The acorn must try to run completely around the circle and sit down in the space left by the person who is the squirrel, before they get there themselves.
- The person tapped as 'squirrel' then swaps places and becomes the acorn.

Helping Hand

The 'acorn and 'squirrel' swap places, regardless of whether the 'squirrel' catches the 'acorn'. That way, children can play the game purely for fun!

What other creatures could you use in this game? Spider and fly? Bird and worm? Mouse and berry?

